

A guide for "Toke-Trail"

A walking road for therapy (Forest bathing)

Legend

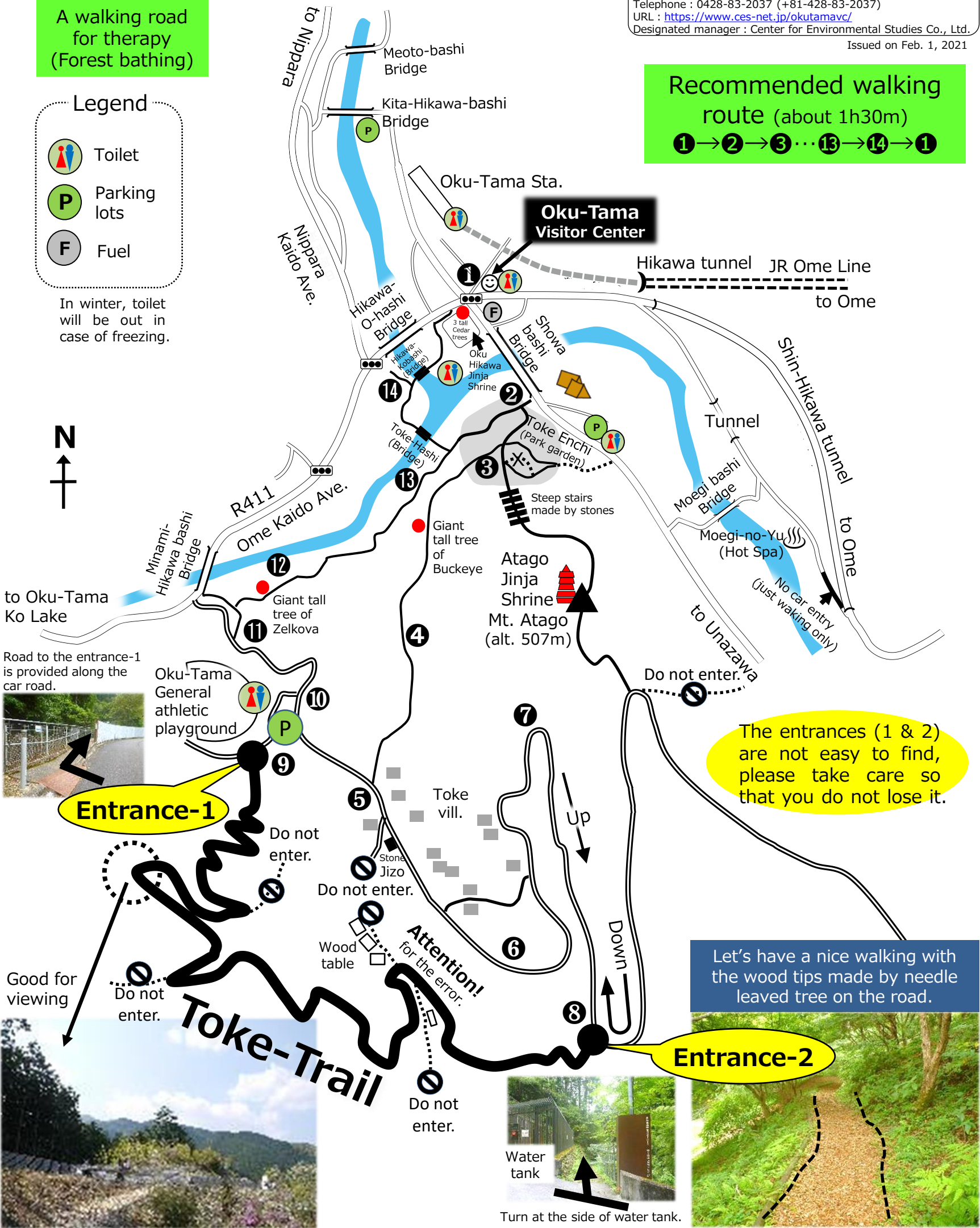
-  Toilet
-  Parking lots
-  Fuel

In winter, toilet will be out in case of freezing.

Tokyo Metropolitan **Oku-Tama Visitor Center**
 Open : 9:00~16:30 Close : Monday, also Year end/start period
 (Open on Monday if it is a holiday and close next working day)
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Recommended walking route (about 1h30m)

① → ② → ③ → ... → ⑬ → ⑭ → ①



Road to the entrance-1 is provided along the car road.



The entrances (1 & 2) are not easy to find, please take care so that you do not lose it.

Let's have a nice walking with the wood tips made by needle leaved tree on the road.



Turn at the side of water tank.

